



Hands-On Training
March 14th and 15, 2009
City of Tucson Public Safety Training Academy * Tucson, AZ

Agenda

OVERVIEW

Ford Driving Skills for Life was created to increase awareness around the issue of teen driver safety, because many individuals do not realize that vehicle crashes are the leading cause of death among teenagers, claiming nearly 7,000 teen lives a year.

The truth is, many teen fatalities due to vehicle crashes could have been, and can be, avoided with a combination of proper training, experience and awareness.

WHAT

Ford Driving Skills for Life (DSFL) is teaming up with the AZ Ford Dealers to bring their hands-on advanced driver's training event to Tucson, AZ. Students will be taught valuable vehicle handling, hazard recognition, speed management and space management skills by some of the nation's top professional driving instructors.

The event is completely FREE

WHERE

City of Tucson Public Safety Training Academy
10001 South Wilmot Road
Tucson, AZ 85756

WHEN

Individuals can sign up for one of four sessions:

- Saturday: March 14, 2009 (8:30 - 1:00)
- Saturday: March 14, 2009 (12:30 - 4:30)
- Sunday: March 15, 2009 (8:30 - 1:00)
- Sunday: March 15, 2009 (12:30 - 4:30)

HOW TO SIGN UP

1. Go to www.drivingskillsforlife.com
2. Scroll down to the "Latest Happenings" section and click on the "**SIGN UP Hands-On Training Tucson, Arizona**" link
3. Select session you want to sign up for
4. Complete registration
5. Print waivers



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Saturday, March 14, 2009

- 8:30 a.m. – 9:00 a.m. Sign-In and Registration for Student Group #1
- Continental breakfast provided
 - Students get a souvenir photo taken
- 9:00 a.m. – 9:10 a.m. Welcome and Orientation for Student Group #1
- Ford Motor Company Fund Rep
 - Randy Bleicher, Chief Driving Instructor
- 9:10 a.m. – 12:30 p.m. Driving Rotations for Students
- Hazard Recognition / Accident Avoidance
 - Vehicle Handling / Skid Control
 - Speed/Space Management, Eco-Driving, Basic Car Maintenance
- 12:30 p.m. – 1:00 p.m. Lunch for a.m. and p.m. sessions
- Sign-In and Registration for Student Group #2
- Students get a souvenir photo taken
- 1:00 p.m. Student Group #1 departs
- 1:00 p.m. – 1:10 p.m. Welcome and Orientation for Student Group #2
- Jim Graham, Ford Motor Company Fund
 - Randy Bleicher, Chief Driving Instructor
- 1:10 p.m. – 4:30 p.m. Driving Rotations for Students & Guests
- Hazard Recognition / Accident Avoidance
 - Vehicle Handling / Skid Control
 - Speed/Space Management, Eco-Driving, Basic Car Maintenance
- 4:30 p.m. Student Group #2 departs



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Sunday, March 15, 2009

- 8:30 a.m. – 9:00 a.m. Sign-In and Registration for Student Group #3
- Continental breakfast provided
 - Students get a souvenir photo taken
- 9:00 a.m. – 9:10 a.m. Welcome and Orientation for Student Group #3
- Jim Graham, Ford Motor Company Fund
 - Randy Bleicher, Chief Driving Instructor
- 9:10 a.m. – 12:30 p.m. Driving Rotations
- Hazard Recognition / Accident Avoidance
 - Vehicle Handling / Skid Control
 - Speed/Space Management, Eco-Driving, Basic Car Maintenance
- 12:30 p.m. – 1:00 p.m. Lunch for a.m. and p.m. session schools
- Sign-In and Registration for Student Group #4
- Students get a souvenir photo taken
- 1:00 p.m. Student Group #3 Departs
- 1:00 p.m. – 1:10 p.m. Welcome and Orientation for Student Group # 4
- Jim Graham, Ford Motor Company Fund
 - Randy Bleicher, Chief Driving Instructor
- 1:10 p.m. – 4:30 p.m. Driving Rotations
- Hazard Recognition / Accident Avoidance
 - Vehicle Handling / Skid Control
 - Speed/Space Management, Eco-Driving, Basic Car Maintenance
- 4:30 p.m. Student Group #4 Departs



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EXERCISE DESCRIPTIONS

VEHICLE HANDLING EXERCISE

Students will gain experience in advanced car control by receiving hands-on instruction in one of the Ford Driving Skills for Life skid cars. Students will be trained in a specially equipped Ford Mustang that reduces traction to the rear wheels. Students will then be instructed to drive around an oval course, which causes the Mustang to start to lose control. Some key skills students will learn are; look where you want to go, don't panic, when to take your feet off the pedals and when to use the accelerator. Students walk away with a better understanding of what to do in that situation if it were to happen to them happens. By learning this combination of skills, students will learn how to control a skid safely.

HAZARD RECOGNITION EXERCISE

Students will travel at speeds of 35 MPH - 40 MP down a single lane. The lane then splits into three lanes. Each lane has a green light at the end of it. At the very last possible moment, two of the lights will turn red and one will stay green. The student has to make an evasive accident avoidance maneuver towards the lane with the green light at the end.

Students first go through the exercise at 35 MPH and then again at 40 MPH. This shows the students that even five miles per hour can make a huge difference in car control ability and reaction time. It also teaches students that with proper space management, slamming on the breaks is not always the best option.

Once the student has safely steered clear of the potential hazard, the student is told to slam on the brakes as hard as they possibly can. This serves two purposes. The first purpose is to get the students familiar with an ABS braking system, and what to do when ABS kicks in. The second purpose is to show the students how quickly a car can actually stop. Many people, even when coming close to an accident, never apply the brake as hard as they possibly can. Many people do not know how fast you really can stop. Some people have even said they thought they would break the brake peddle if they slammed it on that hard.

SPEED AND SPACE MANAGEMENT

Students will drive through a tightly coned off course of sharp turns, wide turns and slaloms. The students will drive through at a decent rate of speed with no distraction. The student will then go through that same tightly coned off course and given tasks such as: dial a cell phone, text message, listen to loud music, drink a water, change a CD talk to friends and passengers in back seat and etc.

The exercise emphasizes the look where you want to go principal, but also shows them how small every day distractions can have a serious effect on driving.